



MENTAL HEALTH MATTERS ROUND

PROGRAM SCHEDULE



Breakthrough Foundation

- Ahead of the Game session - **pre allocated**
- Youth Mental Health Awareness Program - **pre-allocated**
- Mental Health Awareness Session (for adults)
- - Whyalla Rec Centre - bookings:



WEEK OF 17 - 22 AUGUST
Speak & Share Program Delivery

SPEAK SHARE
A PROBLEM SHARED IS A PROBLEM HALVED

Over 10 School, sporting club and workplace sessions

Brought to you by Country & Outback Health Inc



Country & Outback Health

PRE-ALLOCATED

SAT 8 AUG



Netball MHMR Day Activation

- Suncorp Super Netball League Players
- Free Family Friendly Activities
- SAPOL Activity Trailer
- Coffee Van
- Face painting



SAT 15 AUG



Soccer MHMR Activation

STEEL vs WESTLANDS

Magill Park



- Special Guests - national level players
- New Custom Soccer Gear Launch
- Soccer stilt walkers
- Live music
- Face painting



SUN 16 AUG



MHMR Soccer Match Day

LIONS vs CROATIA

Worsnop Park



FRI 21 AUG



Football Night Activation

SOUTH WHYALLA vs NORTH WHYALLA

Special Guests - former AFL players



Inflatable Games

Free Family Friendly Activities, Giveaways and FUN!

Live Music

Speak & Share



SAT 22 AUG



Soccer MHMR Activation

WANDERERS vs CROATIA

- Special Guests - national level players
- Free Family Friendly Activities
- Face painting
- Speak & Share



SAT 22 AUG



MHMR Football Match

ROOPENA vs WEEROONA BAY

Bennett Oval



CENTRAL WHYALLA vs WEST WHYALLA

Memorial Oval



SUN 23 AUG



MHMR Soccer Match Day

LIONS vs STEEL

Worsnop Park



SUN 23 AUG

Speak. Share. Move

Community Movement Event



Walk, jog or run. You choose the pace!
3km or 5km option

Ada Ryan Gardens, Cudmore Tce Entrance

Free Brekky

8:30am start



For more information on
Mental Health Matters
Round, scan the QR code



Register for Speak. Share.
Move here!



WHYALLA



headspace
Whyalla



Centacare
Catholic Country SA



Connected
and Active
Communities

Whyalla



Alligator Energy

medicare Mental Health
1800 595 212



Workforce Extensions

